
Program details

Classes meet twice a month on Wednesday evenings at St. Francis Xavier Parish for 2 hours.

Classes are held over 3 semesters.

Faculty

The faculty will consist of seasoned spiritual directors from the local region including our pastor, members of the parish and recognized experts in the field of spiritual direction.

Curriculum

The program includes:

- Focus on Ignatian spirituality and other spiritual traditions
- Discernment
- Contemporary issues in spiritual direction
- Skill building sessions
- Peer supervision groups
- Individual supervision

Cost:

The total cost for the program is \$2500. This includes all materials and program components.

Partial scholarships are available on request.

How to apply

Request an application packet at rchoiniere@sfxavier.org. Applications will be available in June 2021.

For questions or to discuss the program further, call Robert Choiniere at 212-627-2100 ext. 225



Spiritual Director Formation Program

A parish-based process forming spiritual companions in service to God and others



St. Francis Xavier Church
A Jesuit Apostolate
55 W. 15th St.
New York, NY 10011
212-627-2100

What is a spiritual director?

A spiritual director is called to guide individuals who are seeking ongoing orientation, encouragement, and discernment in the life of the Spirit. A spiritual director is a companion for those on the spiritual journey of discipleship.



What is the program?

The 18-month program will provide classes on spiritual traditions, skills and contemporary issues as well as providing mentoring, peer groups and individual supervision to support the formation of students in the art of spiritual direction.

"May you use those gifts that you have received, and pass on the love that has been given to you."

--Theresa of Avila

Are you called to the ministry of spiritual direction?

Discerning a call to spiritual direction is the first step in this journey of companionship. Consider the following questions as you reflect on this calling:

- Do you find prayer to be an integral part of your life?
- Do you allow those on the margins of society to affect and transform you?
- Have you wrestled with dimensions of your faith?
- Do you engage in spiritual conversations with others?
- Have you been approached by others who want to talk with you about their spirituality and prayer?
- Are you a practicing Christian active in a faith community?
- Have you sought out spiritual direction in your own life? Have you completed the Spiritual Exercises of St. Ignatius (30 day or 19th Annotation)?

After bringing these questions to prayer, if you feel called to pursue the ministry of spiritual direction, we encourage you to apply to the formation program.



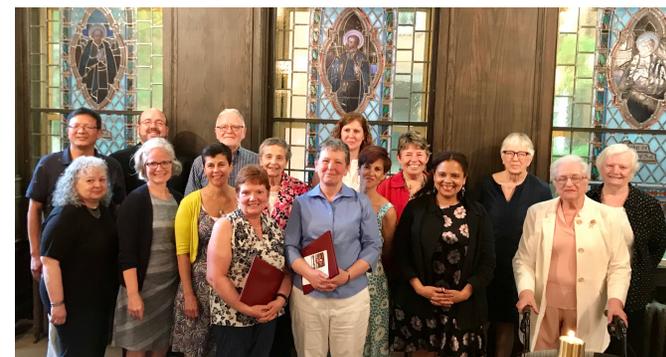
We have what we seek, it is there all the time, and if we give it time, it will make itself known to us.

- Thomas Merton

Overview of the Program

The 18-month program includes:

- 30 weeknight class sessions
- Monthly supervision sessions
- Guiding 3 directees
- Annual retreat



Spiritual Direction Students and Instructors 2018

Additionally, students commit to:

- Daily prayer for 30 minutes
- Daily Examen
- Monthly spiritual direction
- Maintaining a journal
- Making an individual retreat once a year