

FACULTY

The faculty consists of experienced spiritual directors from our local region including members of the parish and recognized experts in the field of spiritual direction.

COST

The total cost for the program is \$3000. This includes all materials and program components. Partial scholarships are available on request. Request an application packet from Robert Choiniere at rchoiniere@sfxavier.org. Applications will be available in June 2021. Personal interviews will be scheduled after the application and recommendations are received. For questions or to discuss the program, call Robert Choiniere at 212 627 2100 ext. 225.

NOTES

The next program will begin January 2022 and part of the program may be virtual if necessary.

Students will be asked to help find their directees for the program



SPIRITUAL DIRECTOR FORMATION PROGRAM



St. Francis Xavier Parish

A Jesuit Apostolate

55 West 15 Street, New York, NY 10011

212 627 2100

WHAT IS A SPIRITUAL DIRECTOR?

A Spiritual Director is a person who meets one on one with a directee who is seeking a personal relationship with God. The Director listens attentively to a person's story and both encourages and assists that person identifying the Presence of God in his/her own particular life experiences. The Director and the Directee meet regularly to facilitate growth in attentiveness to the presence of God in the midst of everyday life.

ARE YOU CALLED TO THE MINISTRY OF SPIRITUAL DIRECTION?

Discerning a call to spiritual direction is the first step on this journey. Consider the following questions as you reflect on this calling:

- ♦ Do you find prayer to be an integral part of your life?
- ♦ Have you wrestled with dimensions of your faith?
- ♦ Have you been approached by others who want to talk with you about their spirituality and prayer?
- ♦ Are you a practicing Christian active in a faith community?
- ♦ Have you sought out spiritual direction in our own life?

After bringing these questions to prayer, if you feel called to the ministry of spiritual direction, we encourage you to apply to the Formation Program.

WHAT IS THE PROGRAM?

The 18-month program offers both academic studies and a practicum leading to a certificate. A college degree or the equivalent and the experience of making the Spiritual Exercises are prerequisites.

The program includes the study of spirituality, spiritual direction and the Ignatian Spiritual Exercises. Students will also consider contemporary concerns and psychological issues that come up in direction sessions.

Early in the practicum the students will meet in triads directing one another. Class or group discussion will follow. Later, students will meet with their own directees. Each student will have a monthly supervision meeting with their assigned supervisor. They will also participate in guided peer supervision groups both presenting their experiences in direction and offering support to other student directors.

THE 18-MONTH PROGRAM INCLUDES

- ♦ An opening weekend retreat for staff and students
- ♦ 30 evening class sessions over 3 trimesters
- ♦ 3 Saturday sessions
- ♦ Monthly individual supervision meeting
- ♦ Guiding 2 directees
- ♦ A closing retreat for students and staff

Sessions held at St. Francis Xavier Parish in Manhattan

THE STUDENTS WILL COMMIT TO

- ♦ Daily prayer
- ♦ Monthly personal direction sessions
- ♦ A 5-8 day personal silent retreat



Spiritual Direction Students and Instructors 2018