

ELIGIBILITY

Candidates for admission to the program should:

- have a bachelor's degree
- be engaged in spiritual direction on a regular basis
- be an active member of a faith community
- have completed or are in the process of completing the Spiritual Exercises (19th Annotation or the 30-day long retreat)

CURRICULUM

The program includes:

- Theology of Spiritual Direction
- Ignatian Spirituality
- Discernment
- Contemporary issues in spiritual direction
- Skills-building sessions
- Peer supervision
- Individual supervision

COST

It is through the generosity of the parishioners at St. Francis Xavier that we are able to offer this program.

Tuition is \$4000 for the two year program. Tuition payments of \$1000 due each semester.

HOW TO APPLY

Request an application packet at spiritualdirection@sfxavier.org.

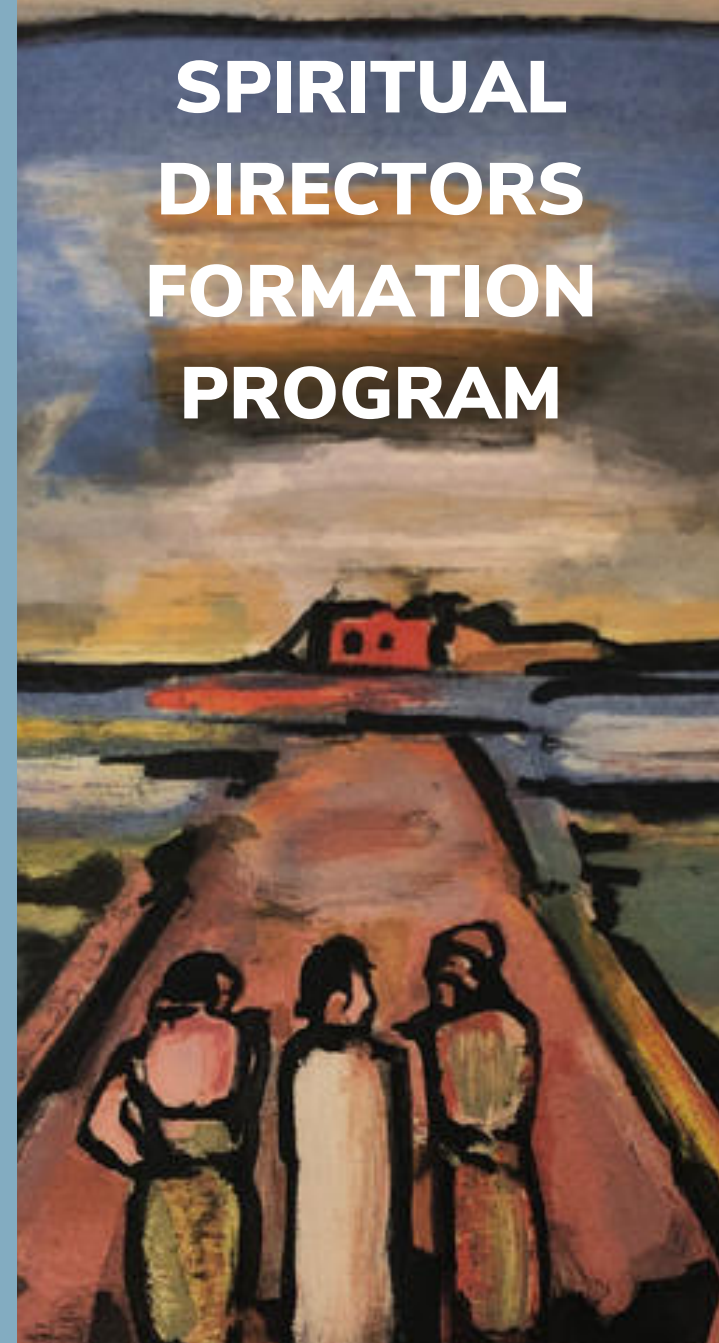
For questions or to discuss the program further, call Gerry Moss at 212-627-2100.

Deadline: May 31, 2024

Classes begin September 2024.

St. Francis Xavier Church
A Jesuit Apostolate
55 West 15th St.
New York, NY 10011

SPIRITUAL DIRECTORS FORMATION PROGRAM



A PARISH-BASED PROGRAM
FORMING SPIRITUAL
DIRECTORS IN SERVICE TO
GOD AND OTHERS.



WHAT IS A SPIRITUAL DIRECTOR?

A spiritual director listens with an open heart to someone's search for God in their life, in their relationships, and in their prayer.



THE PROGRAM

The two-year program will provide classes on Ignatian spirituality, skills, and contemporary issues as well as provide mentoring, peer groups, and individual supervision to support the formation of students in the art of spiritual direction.



PROGRAM COMMITMENT

- Intentional daily thirty-minute prayer and examen
- Monthly individual spiritual direction
- Maintain a reflection journal
- Make an annual Ignatian retreat
- Monthly individual and peer supervision
- Meet regularly with a member of the Leadership Team to reflect on one's experience